



Greenways Product project – Programme in Rogaland, Norway 29 June – 2 July 2014

Day 1 - Sunday 29 June

Arrival at Stavanger Airport Sola – during the day.

Please note: 2 options for departure:

16:30. **Option 1:** Departure by private bus from the street “Muségaten” between The County House (Rogaland fylkeskommune) and the Archeological Museum in central Stavanger. Will send a map with clear markings to all participants.

17:00. **Option 2:** Departure by private bus (same) from Stavanger Airport Sola

Both:

18:30. Arrival at Sogndalstrand Kulturhotell, Sogndalstrand. Check in and relax

19:30. Dinner at hotel

21:30. End of the day with Stories and a drink in the Prison (optional)

Day 2 - Monday 30. June

07:00 – 09:00. Breakfast and check out

09:00 – 12:00. Workshop with the following themes:

- Welcome to Norway and Sokndal + short presentation of the Cyclist Welcome Scheme and the new “Cyclist Welcome Packs” by Eli Viten, Rogaland County Council
- The benefits of being a Cyclist Welcome business, by Eli Laupstad Omdal, hotel director, Sogndalstrand Kulturhotel
- Presentation of the Greenways product project by Arantxa Hernández Colorado, Spanish Railways Foundation
- European Slow Cities - Being a “Citta Slow” member, by Nils Jacobsen, municipality of Sokndal
- Presentation of the Via Verde de la Sierra and the use of disused infrastructure –the reality of the rural World, by María Jimenez, Vía Verde de la Sierra Foundation.

12:00 – 13:00. Departure and travel by bus to Egersund

13:00 – 14:00. Cycling on the North Sea Cycle Route from Egersund to Maurholen.

Distance to cycle: Approx.11 km. Easy cycling with some very short hills

14:00 – 15:00. Lunch at Maurholen disused railway station

15:00 – 15:30. Cycling from Maurholen to Helvig station.

Distance to cycle: Approx. 2 km. Easy cycling

15:30 – 17:30. Departure by bus along the coast to Utstein Kloster Hotel, Rennesøy
Stopping at 2 or 3 attractions along the North Sea Cycle Route

17:30 – 18:30. Check in and Relax

18:30 – 19:30. Short walk to the nearby Monastery (optional)

19:30 - 21:30. Dinner at hotel

Day 3 - Tuesday 1 July

07:00 – 09:00. Breakfast and check out

09:00 – 09:30. Departure and travel by bus to “Landahuset”, Steinnessvågen, Finnøy

09:30 – 10:00. Coffee, tea and register for the workshop

10:00 – 13:00. Workshop hosted by the Vital Rural Area Project

With the following themes:

- Welcome to Finnøy, by representative for the Municipality of Finnøy
- The Rural Power Pack, by/Peter Laan, Project Manager, Vital Rural Area Project
- Presentation of the European Greenways overview, by Mercedes Muñoz Zamora, Director of the European Greenways Association (EGWA).
- Presentation of “The Lifestyle Project” in Finnøy – a significant result of the Vital Rural Area project by Dr. med. Eivind Vestbø and Oddny Kjølvik, leader of health services, municipality of Finnøy
- Questions and Discussion

13:00 – 14:00. Lunch by “Ryfylkekokken”

14:00 – 15:00. Cycle trip along “Finnøy-runden” to Judaberg

Distance to cycle: Approx. 10 km. Easy cycling

15:30 – 16:30. Return to Stavanger by boat or bus

16:30 Check in at Scandic City Hotel in Stavanger.

16:45 – 18:45. Project Networking Meeting

18:45 – 20:00. Relax or a stroll in town

20:00 – 22:00. Dinner (venue to be decided – by weather)





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Day 4 - Wednesday 2 July

07:00 – 09:00. Breakfast and check out (Baggage can be left at hotel)

09:30 – 10:00. Departure on foot to “The County House”, Arkitekt Eckhoffsgate 1

10:00 – 10:15. Welcome to Stavanger and the County Council by Christine Haver, Director of Regional Planning, Rogaland County Council

10:15 – 12:00. Workshop with the following themes:

- Regional cycle tourism – “Creation of a Cycling Destination” in the region Haugaland, Rogaland, by Anette Sæther, Haugaland Vekst
- The Spanish “Vias Verdes” / Greenways Programme by Carmen Aycart, Director of Greenways and Environment. Spanish Railways Foundation.
- Presentation of Cycle Tourism Products in Italy, by Giulia Cortesi, FIAB Italy.
- New Products for cyclists in The Stavanger Region: Construction of a “Cycle Motorway” and the establishment of “Electric Bicycle Pools” in the city Centre of Stavanger and at Forus – the main industrial area in the region.
- Questions and Discussion

12:00 – 13:00. Lunch (discussion can be continued)

13:00 – 14:00. Cycle trip along the “Broken Column” sculptures in Stavanger (optional). Distance to cycle: Approx. 5-11 km (small round or full round). Easy cycling

14:00. End of programme.

Afternoon: Departure by Airport Express for Stavanger Airport at own leisure.